

Lost Canyons Soups & Salads

All soups and salads are served with warm rolls and butter.

NEW Lobster Salad

Avocado, mushrooms, scallions, tomato and Lobster meat all tossed with crisp lettuce and our special Cusabi dressing. Unique and refreshing! \$11.95

Chopped Cobb

Chopped lettuce tossed with crumbled bleu cheese, bacon, turkey, tomatoes, scallions, black olives, avocado, and hardboiled eggs, tossed with Ranch Dressing. \$8.95

Fried Chicken Salad

Fried Chicken breast tenders, iceberg lettuce, tomatoes, corn, jicama, shredded cheddar cheese all tossed with a Honey Mustard Dressing. \$8.95

Salmon Salad

Chopped lettuce, fresh strawberries, walnuts and feta cheese tossed with our own No-fat Raspberry Vinaigrette dressing topped with freshly grilled salmon filet. \$11.95

NEW Fresh Fruit Salad

Seasonal fresh fruit served with yogurt and granola and a slice of homemade banana bread. \$8.95

Tuna Salad

Albacore tuna salad served over chopped lettuce, sliced hardboiled egg, tomatoes, and garnished with a wedge of lemon. \$7.95

Grilled Shrimp Salad

Avocado & grapefruit segments, feta cheese, and butter lettuce, tossed with a light Vinaigrette Dressing, topped with freshly grilled shrimp. \$11.95

Chicken Caesar Salad

Hearts of romaine, with homestyle garlic croutons and shaved parmesan cheese served with sliced blackened or grilled chicken breast. \$7.95

Soup of the Day Cup \$3.50 Bowl \$5.50

Monday - Chicken Noodle

Tuesday - Potato Cheese

Wednesday - Minestrone

Thursday - Mexican Tortilla

Friday - Clam Chowder

Saturday - Corn Chowder

Sunday - Chili topped with green onion and cheese

Desserts \$4.00

Lemon Baby Bundt

Light lemon yogurt cake with lemon glaze frosting

Sorbet and French Wafer Cookies

Slammin' Buchanan

A warm brownie crust topped with vanilla ice cream drizzled with chocolate sauce

London Cheesecake

\$5.00 split plate charge

20% gratuity added to parties of 8 or larger

Lost Canyons Sandwiches

All sandwiches served with your choice of a cup of soup, french fries or side salad

NEW Belmonte Grill

Olive rosemary bread with grilled chicken breast, articoke heart and warm brie cheese. \$9.95

Lost Canyon Club

Black forest ham, turkey and bacon with lettuce and tomatoes served on lightly toasted whole grain wheat bread. \$8.95

Kentucky Turkey

Roasted turkey breast piled high on egg bread with chopped bacon, brie cheese, and tomatoes. \$8.95

Vegetarian Faire

Havarti cheese, roasted red peppers, cucumber, avocado and sprouts on whole grain wheat bread with arugula pesto spread. \$7.95

NEW Pulled Pork

Marinated pulled pork piled high on a sesame bun with a tangy BBQ sauce. \$9.95

Fajita Wrap

Large flour tortilla rolled up with chipotle chicken, peppers, onions, monterey jack and cheddar cheese, shredded lettuce and pico de gallo. \$8.95

Deli Delight

Tuna salad, roasted turkey or ham with lettuce, tomatoes and pickles on whole grain wheat or sourdough bread. \$7.95

Sky Lake Pita

Albacore tuna salad stuffed in a warm pita bread filled with avocado, alfalfa sprouts and tomato. \$8.95

Tri-Tip Sandwich

Grilled, marinated tri-tip thinly sliced and placed on a french roll with our tangy BBQ sauce. \$9.95

Caesar Wrap

Large flour tortilla rolled up with fresh romaine grilled chopped chicken breast, garlic croutons, shaved parmesan cheese and caesar dressing. \$6.95

Reuben

Tender hot corn beef, sauerkraut, swiss cheese and thousand island dressing on toasted rye bread \$8.95

Soup & Sandwich - soup of the day and 1/2 deli delight sandwich \$ 7.95

Hamburger

1/3 lb. Certified Angus Beef patty served on a bun with lettuce, tomato, red onion and pickle. \$7.95

Western BBQ

Add BBQ sauce, bacon, swiss cheese and onion rings \$8.95

Chili Burger

Served with caramelized onion and cheese. \$9.95

Turkey Burger

Substitute hamburger with all white meat turkey burger \$8.95

Cheeseburger

Add cheddar, monterey jack or havarti cheese. \$8.25

LC Burger

Two patties on a french roll with grilled onions, jack cheese and mushroom. \$9.95

\$5.00 split plate charge

20% gratuity added to parties of 8 or larger